

# Author's Further Prayer to Modern Students

Volume - 40 (Epilogue)

(The contents of this booklet have been taken out from the newly prepared Text Book titled "Life Building Science" on a newly conceived and designed subject of "Value Education for Life Building and Successful Living" for study by our modern students)

Mohan Lal Agrawal

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Author : Mohan Lal Agrawal  
Publisher : Mohan Lal Agrawal  
At.-Kansari Para  
P.O/Dist.- Bolangir  
(Odisha), PIN - 767001  
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This booklet is meant for free distribution amongst our dear modern students, with a fervent prayer to them to kindly study the booklet earnestly and meticulously, put the knowledge gained from the teachings contained in the book into practice in their day-to-day lives sincerely and diligently, and thereby, derive immense benefits for themselves throughout their lives. This is in their own interest and for their highest welfare and supreme good.

They are also requested to kindly bring this booklet to the knowledge of maximum number of their classmates and friends so that they also can derive similar benefits for themselves.

Views of Students; Teachers and Professors; School, College and University Authorities; Educationists and Academicians; Parents and Guardians and all other Readers, on this booklet are humbly and earnestly invited in the following address:-

MOHAN LAL AGRAWAL, AT: - KANSARI PARA,  
P.O/DIST: - BOLANGIR (ODISHA), PIN - 767 001.

## PRAYERS

धीयो यो नः प्रचोदयात्

May That Supreme Being impel our intellect  
towards the right path.

असतो मा सद्गमय ।  
तमसो मा ज्योतिर्गमय ।  
मृत्योर्मा अमृतं गमय ॥

Lead us from unreal unto Real,  
Lead us from darkness unto Light,  
Lead us from death unto Immortality.

आ नो भद्राः क्रतवो यन्तु विश्वतः

Let noble thoughts come to us from all sides.

सा विद्या या विमुक्तये

Knowledge is that which liberates.

उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत ।

Arise ! Awake ! Having reached the  
great (teacher), learn (realise that Atman).

अज्ञानतिमिरान्धस्य ज्ञानाञ्जनशलाकया ।  
चक्षुरुन्मीलितं येन तस्मै श्रीगुरवे नमः ॥

I prostrate to that Sadguru, Who opens, with the  
Collyrium-stick of Knowledge, the eyes of him who  
is rendered blind by the darkness of ignorance.

ॐ सह नाववतु । सह नौ भुनक्तु ।  
सह वीर्यं करवावहै । तेजस्विनावधीतमस्तु मा विद्विषावहै ॥  
ॐ शान्तिः शान्तिः शान्तिः ।

May He (The Supreme Being) protect us both (the teacher  
and the taught). May He cause us both to enjoy the bliss of  
Mukti (liberation). May we both exert to find out the true  
meaning of the scriptures. May our studies be fruitful.

May we never quarrel with each other.

वसुधैव कुटुम्बकम्

The whole universe is one family.

ॐ सर्वेषां स्वस्ति भवतु । सर्वेषां शान्तिर्भवतु ।

सर्वेषां पुर्णं भवतु । सर्वेषां मङ्गलं भवतु ॥

May asupiciousness be unto all,

May peace be unto all,

May fullness be unto all,

May prosperity be unto all.

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभागभवेत् ॥

May all be happy,

May all be free from disabilities,

May all behold what is auspiciousness,

May none suffer from sorrows.

लोका समस्ता सुखिनो भवन्तु ।

May Happiness be unto all Beings.

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पुर्णमेवावशिष्यते ॥

Om ! That (Brahman) is full. This (Universe) is Full.

From That (Brahman) Full, this (Universe) Full has come.

When this (Universe) full is taken from That (Brahman) full,

It (Brahman) always remains Full.

Peace be to the East ! Peace be to the West !

Peace be to the North ! Peace be to the South !

Peace be above ! Peace be below !

Peace be to all creatures of this universe !!

ॐ शान्तिः शान्तिः शान्तिः ।

Om ! Peace, Peace, Peace.

# **Life Building Science**

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## PART - E - EPILOGUE

### Epilogue - 1

#### Author's Further Prayer to Modern Students

Dear Friends ! I trust that you have since completed study of "Spiritual Literature", including the books of great, spiritually illumined, God-realised modern Saints, Sages and Prophets and also the book of compilation "Youth! Arise, Awake and Adopt the Right Path of Life" (16 volumes), written by two such great Saints Swami Sivananda Saraswati and Swami Chidananda Saraswati, and have acquired detailed theoretical knowledge on all topics of the subject of "Life Building and Successful Living".

Dear Friends ! Now please note to practise the theoretical teachings/knowledge so gained from the "Spiritual Literature" and the said books in your day-to-day life so that you will derive real benefits for yourselves.

Dear Friends ! In this connection, our *Rishis*, *Munis*, Saints, Sages and the Great Ones say that knowledge gained without putting the same into actual practice in the day-to-day life remains merely as theoretical knowledge and is of no real benefit to us. The whole world can guide us but nobody can practise for us. It is only we who will have to practise the theoretical knowledge ourselves and build our life rightly and live the same successfully so that we ourselves will derive the real benefit in our life. Therefore Friends ! Please note to practise the theoretical knowledge so gained by you from the spiritual literature in your day-to-day life sincerely and meticulously. Please also note to continue such practice life-long, with strong determination, firm commitment, high positiveness, great encouragement, utmost sincerity and constant perseverance; and derive immense benefits for yourself. There is no substitute to

actual practice. Such practice is also in your greatest personal interest, highest welfare and supreme good. Please, therefore, note to practise the theoretical teachings so gained.

Dear Friends ! In this connection, please note one most important point. Swami Sivananda Saraswati advises to "DIN". "DIN" means "Do It Now". Therefore, "Please "DIN". That means, please commence practice of the theoretical knowledge gained by you immediately. Because, if you will think that you will practise the knowledge from "tomorrow", that "tomorrow" will never come, and in that case, you will be the greatest loser. But if you practise the knowledge "today", you will be the greatest beneficiary. Life is short. Time is fleeting. Therefore, please "DIN", "Do It Now", practise the knowledge "now", and thereby, you will derive immense benefits for yourself. This is in your own interest, and for your highest welfare and supreme good.

Dear Friends ! On conclusion, I pray to all of you to please note to:-

- (a) decide the goals of your life rightly;
- (b) build your life rightly (i) by laying a proper and strong foundation with good physical health, powerful mind, noble character and ethical conduct, with strict observance of complete celibacy, and (ii) by constructing upon the same a complete, proper, strong and nice superstructure, with achievement of all the four grand goals of ideal human life, as stated in our ancient Spiritual Scriptures and as said by our *Rishis*, *Munis*, Saints and Sages, and according to our great, glorious, lofty, unique and ideal ancient Indian Culture or *Bharatiya Sanskruti*; viz. *Dharma* (adherence to righteousness or ethical value), *Artha* (acquisition of material prosperity or economic value), *Kama* (fulfillment of vital worldly desires or vital value) and *Moksha* (attainment of liberation of the Soul from the cycle of births and deaths or spiritual value); and
- (c) live your precious human life rightly, i.e. please live an ideal,

successful, complete, purposeful, prosperous, happy and peaceful human life upon the earth plane. Thereby Friends ! You will derive immense benefits for yourselves.

Simultaneously, you will become worthy assets of your families, good members of the society and ideal citizens of the nation and of the world.

In this connection, I take this great opportunity to most humbly offer my earnest, fervent and heart-felt prayer to the Almighty Supreme Lord and all *Rishis*, *Munis*, Saints, Sages, Prophets, Teachers and Professors to bestow Their Choicest Blessings upon you all for achieving crowning success in your above endeavours.



Dear Modern Students !

You can study the soft copy of other write-ups and all other lessons on the subject of "Life-building, Character-building and Man-making Education", which are contained in the newly conceived, designed and prepared Text Book titled "Life Building Science", in the Internet Archive.

You can do so by accessing internet through any browser, logging in <archive.org>, clicking - <Advance Search> (A box of fields will appear on the screen), typing <Mohan Lal Agrawal> in the field "Creator" and clicking <Search>. The above books in PDF format will be displayed.

**NOTE**

## **List of Complete Publications and Videos of the Author**

### **A. Publications**

#### **Students related publications**

1. Youth ! Arise, Awake and Adopt the Right Path of Life (16 volumes)
2. Value Education for Life building and Successful Living
3. Life Building Science (Text Book)
4. Valedictory Address to Modern Students
5. Students' Awareness Programme
6. Noble Character, Ethical Conduct and Celibacy

#### **Teachers related publications**

1. Teaching Profession - Its True Dimensions
2. Teachers' Orientation Programme

#### **Other publications**

1. God's Unique Gifts to Modern Mankind - Swami Sivananda and Sivananda Literature (02 volumes)
2. Lead us from darkness unto Light (02 volumes)

The soft copies of all the above books are available in the "Internet Archive" and can be searched / accessed as under:-

- Access internet, Log in <archive.org>
- Click - <Advance Search>. A box of fields will appear on the screen
- Type <Mohan Lal Agrawal> in the field "Creator"
- Click <Search>. The above books will be displayed.

### **B. Videos**

Students, as well as Teachers, Parents and Guardians can watch one 04 Days Students' Awareness Programmes on "Value Education for Life Building and Successful Living", with

one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- [https://www.youtube.com/channel/UCRKu88g4\\_8o5OiigWI0owZQ](https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ)).

Students, as well as Teachers, Parents and Guardians can watch the Certificate Course on "Life Building and Successful Living", with one Teachers' Orientation Session, organised at IDM Public School, Bolangir, Odisha during 2019, by accessing and subscribing YouTube Channel with the name <Life Building Science>, (Link:-[https://www.youtube.com/channel/UC\\_engDsJG4yfEEM6e9UQuEA](https://www.youtube.com/channel/UC_engDsJG4yfEEM6e9UQuEA)); and also in the aforesaid Internet Archive.

In case one "01 Day Students' Awareness Programme", with the write-ups of the book titled "Students' Awareness Programme", is organised in future in some school, our revered Students and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "ODSAP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- [https://www.youtube.com/channel/UCRKu88g4\\_8o5OiigWI0owZQ](https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ)).

In case one "01 Day Teachers' Orientation Programme", with the write-ups of the book titled "Teachers' Orientation Programme", is organised in future in some school, our revered Teachers and our revered Heads of Schools, Colleges and Universities can watch its video recording, with the episodes commencing with the name "TOP", by accessing and subscribing YouTube Channel with the name <Mohan's Value Education>, (Link:- [https://www.youtube.com/channel/UCRKu88g4\\_8o5OiigWI0owZQ](https://www.youtube.com/channel/UCRKu88g4_8o5OiigWI0owZQ)).